ILCA ASIAN CUP 2026
QINHUANGDAO
2026年ILCA级亚洲杯帆船赛 秦皇岛站

In conjunction with:

ILCA ASIA Summer Training Camp Qinhuangdao

Organising Authorities:

Chinese Yachting Association

ILCA Asia

ILCA Asia is a region of ILCA International Laser Class Association™

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SAILING INSTRUCTIONS
ILCA Asian Cup 2026 QinHuangDao
10~15 June CHINA

(in conjunction with
ILCA Asia Summer Training Camp, 3~9 June)

Amendment #1 10.06.2026 SI 9, 17, 23.3
Amendment #2 SI 9, 10.4, 10.5
Amendment #3 add 1.8
Amendment #4 SI 9.1, 9.3

Organising Authorities:
Chinese Yachting Association and ILCA Asia

1. RULES

1.1 The event will be governed by the 'rules' as defined in the Racing Rules of Sailing (RRS). The prescriptions of the national authority will not apply.

1.2 ILCA class rule 7(a) is changed as follows: "Only one person (the registered competitor) shall be on board while racing."

1.3 In accordance with ILCA Class Rule 22(e), the use of heartbeat monitor with no additional function or capability is permitted. The heartbeat monitor device shall comply with Class Rule 22.

1.4 RRS Appendix P, Special Procedures for Rule 42 will apply as amended in SI 18.

1.5 RRS Appendix T "Arbitration" will apply.

1.6 In all rules governing this event.

(a) Both 'athlete' and 'competitor' mean a person competing or intending to compete in the event.

(b) [SP] denotes a rule for which a standard penalty may be applied by the Race Committee or Technical Committee without a hearing, or a discretionary penalty applied by the Jury with a hearing (this changes RRS A5);

(c) [DP] denotes a rule for which the penalty is at the discretion of the Jury; and

(d) [NP] denotes a rule that shall not be grounds for protests by a boat and for which the Jury may refuse to hold a hearing. This changes RRS 60.1 and 63.2.

1.7 If there is a conflict between languages the English text will take precedence.

1.8 If there is a conflict between the Notice of Race & the Sailing Instructions, the Sailing Instructions shall take precedence.

2. NOTICES TO COMPETITORS

2.1 Notices to competitors will be posted on the official notice board which is online here: https://www.racingrulesofsailing.org/documents/14990/event

2.2 The race office is located at Seatopia, Huamao 1st Road, Beidaihe New District, Qinhuangdao, Hebei, China 066311 (Northern Headquarters Base of the Chinese Yachting Association)

2.3 The race office is open during registration and on each race day from 0900hr until 30 minutes after the protest time limit unless extended at the discretion of the Race Committee.

3. [DP] [NP] FLEET IDENTIFICATION

3.1 For the purpose of facilitating launching and recovery, trolley identification tags are mandatory and will be supplied upon completion of Equipment Inspection at the Measurement Tent.

4. CHANGES TO SAILING INSTRUCTIONS

4.1 Any change to the Sailing Instructions will be posted no later than 2 (two) hours before the warning signal of the race on the day it will take effect except that any change to the schedule of races will be posted by 2000hr on the day before it will take effect.

5. [DP] REGISTRATION / EQUIPMENT INSPECTION

5.1 Each competitor shall register at the race office and complete all required registration and equipment inspection formalities before racing. A competitor that does not complete all the required registration and equipment formalities will not be entered to the event under RRS 75.

5.2 Information on equipment inspection will be posted on the official noticeboard. Boats shall be presented with all equipment that shall be used in the event, with the bottom mast, boom and all control lines rigged and with the sail and top section derigged ready for inspection.

5.3 Equipment inspection will take place at the measurement tent according to the schedule posted on the official notice board. Equipment inspection outside the scheduled times will only be possible at the discretion of the Technical Committee and on payment of USD 20.

5.4 Equipment, including wet clothing may be inspected at any time for compliance with the Class Rules and the Sailing Instructions according to the following procedures:

5.4.1 A competitor may be instructed by the Technical Committee, either ashore or on the water, to proceed immediately to the inspection area for inspection.

5.4.2 Until permission is given by the Technical Committee, a competitor once instructed to proceed for inspection, shall have no unauthorised contact with any support person, no person shall join or leave the boat, no equipment or other item shall be taken on or off that boat and the boat shall not leave the inspection area.

6. [NP, DP] EQUIPMENT PROTESTS

6.1 Only the Technical Committee may protest a boat for an alleged breach of the class rules, rules of RRS Part 4 Section B or RRS Appendix G. This changes RRS 60.1

6.2 [SP] If a boat is sailed without a daggerboard stopper, or with no mast retention line attached (Class Rule 3(b)xi), a scoring penalty of 30% of the score for did not finish rounded to a whole number (rounding 0.5 upward) will, without a hearing, be added to the boats score in the last completed race in which they were racing without a daggerboard stopper or the retention line. However, they shall not be scored worse than DNF. This changes RRS A5.

6.3 [SP] If a competitor sails with GPS enabled watch or any electronic equipment not specifically allowed (Class Rule 22), or with a sail, top mast, or bottom mast has been changed prior to a race without the permission required by SI 7.2, the competitor will be disqualified without a hearing from the last completed race where the breach occurred. This changes RRS A5.

6.4 Penalties for any other breach of class rules are at the discretion of the International Jury and may be less than disqualification.

7. [NP, DP] BOATS AND EQUIPMENT

7.1 Competitors shall use only one hull, sail, batten set, mast, boom, daggerboard and rudder; all of which shall be identified during equipment inspection.

7.2 In the event of damage, boats and equipment may only be substituted with the written permission of the Technical Committee. If the damage occurs less than two hours before the first scheduled start on a racing day, and before the start of the last race of the day, provisional verbal permission shall be obtained from the Technical Committee, Jury or Race Committee and the written permission of the Technical Committee shall be applied for before the end of the protest time limit at the end of the day in which the substitution takes place

7.3 For the purposes of RRS G1.1, sails shall display the national letters of the World Sailing member national authority under which the entry was accepted (see NOR 3.3). This changes RRS G1.1.

7.4 When ashore boats shall be kept in their assigned places at the venue.

7.5 Boats may be required to display identification numbers.

7.6 Boats may be required to carry cameras, sound equipment or positioning equipment as specified and supplied by the organizing authority.

7.7 Access to the boat park may be restricted during certain hours including the hours of darkness.

8. RACE FORMAT

8.1 The ILCA7 Men entries will sail as a single fleet.

8.2 The ILCA6 Women entries will sail as a single fleet.

8.3 The ILCA6 Men entries will sail as a single fleet.

8.4 The ILCA4 Youth Girls entries will sail as a single fleet.

8.5 The ILCA4 Youth Boys entries will sail as a single fleet.

9. SCHEDULE

9.1

Wednesday 3 June 2026	1400hr – 1800hr ILCA Asia Summer Training Camp Registration
Thursday 4 June to Tuesday 9 June 2026	0900hr – 1800hr ILCA Asia Summer Training Camp
Wednesday 10 June 2026	0900hr -1200hr & 1300hr -1800hr Registration, Equipment Inspection Race Management Workshop
Thursday 11 June 2026	0900hr - 1030hr Opening Ceremony 1130hr - 1800hr Registration, Equipment Inspection 1400hr Practice race
Friday 12 June 2026	**3 races back-to-back**
Saturday 13 June 2026	**3 races back-to-back & Social Evening**
Sunday 14 June 2026	3 races back-to-back
Monday 15 June 2026	**3 races back-to-back followed by prize giving party & Reception**

9.2 Up to four races a day may be sailed if the schedule is behind.

9.3 The time of the first warning signal on 15 June 2026 will be 1100hr.

9.4 Each day succeeding races will start as soon as practicable after the finish of the previous race.

9.5 On 15 June 2026 no warning signal will be made after 1500hr.

9.6 A maximum of 10 races will be sailed.

10. SIGNALS MADE ASHORE AND RACING AREA

10.1 Signals made ashore will be displayed at the official flagpole.

10.2 The approximate position of the racing area is illustrated in Addendum A.

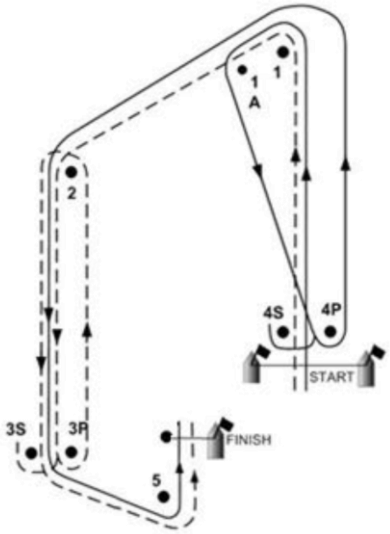
10.3 When a signal ashore is displayed over a fleet flag(s) it shall apply to that fleet(s) only.

10.4 [DP] [NP] Flag D displayed ashore with one sound signal means "The warning signal will not be made less than **30 minutes** after flag D is displayed or not before the scheduled time, whichever is later." Boats shall not leave the boat park before Flag D is displayed.

10.5 When flag AP is displayed ashore, '1 minute' is replaced with 'not less than **30 minutes** 'in the race signal AP. This changes RRS Race Signals.

11. THE COURSES

Outer: **--------** 1, 2, 3S/3P (gate), 2, 3S/3P (gate), 5, FINISH
Inner: _____ 1, 1A, 4S/4P (gate), 1, 2, 3S/3P (gate), 5, FINISH



11.1 The diagram shows the courses, the order in which marks are to be passed and the side on which each mark is to be left. The leg between marks 3S/3P and mark 5 may be laid shorter than the leg between mark 1 and mark 2 so that the finish line is not directly to leeward of the start line.

11.2 No later than the warning signal, the Race Committee signal vessel will display the approximate compass bearing of the first leg.

11.3 The length of the course will be set for a target time of 50 minutes. Failure to meet the target time will not be grounds for redress under RRS 61.1(a) and 61.4(b)(1)

11.4 The course may be shortened to finish at a rounding mark or a gate provided 4 or more legs have been sailed on an outer course and at least 3 or more legs have been completed on an inner course (excluding the leg between mark 1 and mark 1A).

11.5 The leeward gate may be replaced by a single mark, in this case the mark shall be left to port.

12. MARKS

12.1 The colour and shape of the marks will be as follows:

Marks	Description
Starting Marks	Race Committee vessels displaying orange flags
Course marks 1, 2, 3P, 3S, 4P, 4S & 5	black inflatable triangle buoys
Course marks 1A	yellow inflatable triangle buoys
Finishing Marks	a blue inflatable cylinder buoy at the port end and a Race Committee vessel at the starboard end
New mark	orange inflatable triangle buoys

13. THE START

13.1 To alert boats that a race or sequence of races will begin soon, the orange starting line flags will be displayed with one sound at least five minutes before a warning signal is made.

13.2 The warning signal for the subsequent starts will be made as soon as practicable after the previous start.

13.3 Start Sequence and Fleet Flags

Fleets	Fleet Flags	Start Sequence	Course
ILCA7 Men	White w Red Class Insignia	1st Start	Outer
ILCA6 Women	Light Blue w Red Class Insignia	2nd Start	Outer
ILCA6 Men	Green w Red Class Insignia	3rd Start	Outer
ILCA4 Boys	Yellow w Red Class Insignia	4th Start	Inner
ILCA4 Girls	Pink w Red Class Insignia	5th Start	Inner

13.4 The starting line will be between staff displaying orange flags on the starting marks.

13.5 [DP, NP] Boats whose warning signal has not been made shall avoid the starting area during start sequences for other fleets.

13.6 A boat starting later than four minutes after her starting signal will be scored DNS. This changes RRS A4 and RRS A5.

14. STARTING PROCEDURE

14.1 Races will be started using either RRS 30.3 (U Flag Rule), or RRS 30.4 (Black Flag Rule).

14.2 RRS 30.4 (Black Flag Rule) is supplemented as follows.

(a) Sail numbers will be displayed for at least 3 minutes. A long sound signal will be made when the numbers are initially displayed. A boat whose number is so displayed shall leave the racing area, defined in SI 14.2(b) before the new preparatory signal. If they fail to do so, they are liable to be scored DNE.

(b) Before the starting signal, the racing area is the area within 100 metres of the starting line. After the starting signal, the racing area is the area within an imaginary line drawn 100 metres outside any point where a boat might sail during normal racing and includes the area bounded by marks 1, 2, 3, 4 and 5 at-all-times when any boat of any fleet is still racing.

(c) For the purposes of RRS 30.4 a race is 'restarted or resailed' when it has the same race number as a previously abandoned or recalled race, even if the race is resailed on a later date.

15. CHANGE OF THE NEXT LEG OF THE COURSE

15.1 A change to the next leg of the course will first be attempted by changing the position of the original marks. If this is not possible the course will be reset using one or more new marks (described in SI 12). When new marks are already in use, the course may be further reset using the original marks. Any action or no action by the Race Committee under this instruction will not be grounds for redress under RRS 61.4(b)(1)

16. ABANDONING RACE

16.1 Under RRS 32.1, the Race Committee may abandon the race because of a major wind shift or irregular winds or when the wind speed drops below 5 knots (2.5 m/s) as measured by the Race Committee. Any action or no action by the Race Committee under this instruction will not be grounds for redress under RRS 61.4(b)(1)

17. THE FINISH

17.1 The finishing line will be between a staff displaying a blue flag on the Race Committee vessel at the starboard end and the course side of the finishing mark at the port end, ~~except when RRS 32.2 'Shortening Course' applies.~~

18. PENALTY SYSTEM FOR BREACHES OF RRS 42

18.1 Appendix P will apply with the following changes:

18.2 (a) If a first penalty is signaled after a boat has crossed the finish line, the penalty will be a 10% Scoring Penalty calculated as stated in RRS 44.3(c).

(b) RRS P4 is replaced with "An action by the Jury or its designated observer under RRS P1.2 shall not be grounds for a request for redress by a boat under RRS 61.1(a). The Jury may initiate a redress hearing and may give redress for an action under RRS P1.2 by a member of the Jury or its designated observer" This changes RRS 61.1(a)

19. TIME LIMIT

19.1 Boats failing to finish within 20 minutes after the first boat in their fleet sails the course and finishes will be scored Did Not Finish (DNF) without a hearing. This changes RRS 35, RRS A4 and RRS A5.

19.2 The race time limit for the first boat is 75 minutes.

20. PROTESTS AND REQUESTS FOR REDRESS

20.1 Protests may be lodged online (see instruction 2.1) or be in writing and delivered to the race office. The protest time limit will be set by and posted on the official notice board by the Jury and may be different for each fleet.

20.2 Protest notices will be posted within 30 minutes of the protest time limit for each fleet. Protests will be heard at the Jury office.

20.3 Notices of protests by the Race Committee, Technical Committee or Jury will be posted before the end of the protest time limit to inform boats under RRS 60.2(d)

20.4 On the last scheduled day of racing, a reopening request or request for redress based on a Jury decision shall be made no later than 30 minutes after the decision was posted.

20.5 Decisions of the Jury will be final as provided in RRS 70.3(a)

20.6 To request correction of an alleged error in posted race or series results, a boat shall complete a scoring enquiry online.

20.7 A list of boats that have been penalised for breaking RRS 42 will be posted after racing each day.

21. SCORING

21.1 Four races are required to be completed to constitute a championship.

21.2 When up to four races have been completed, a boat's score will be the total of her race scores.

21.3 When five or more races have been completed, a boat's score will be the total of her race scores excluding her worst score.

22. TITLES & PRIZES

22.1 Top 3 prizes will be awarded in the following divisions and categories:
(a) ILCA7 Men / U21
(b) ILCA6 Men / U19 Youth
(c) ILCA6 Women / U19 Youth
(d) ILCA4 Youth U18 Boys / Youth U16 Boys
(e) ILCA4 Youth U18 Girls / Youth U16 Girls

22.2 An ILCA Asian District Cup will be awarded to the top performing ILCA district.

22.3 An ILCA Asian Club Cup will be awarded to the top performing club.

22.4 If there are competitors from districts outside of ILCA Asian Region, overall prizes will be awarded to the top three competitors overall of each category, regardless of their nationality.

22.5 The Organising Authority may present special commemorative awards.

23. [DP, NP] COACH/SUPPORT BOATS AND COACHES/TEAM LEADERS MEETING

23.1 There will be a coaches/team leaders meeting every morning from 12 June 2026 and through the end of the event, 2.5 hours before the first warning signal of the day. The objectives of these meetings are to receive feedback from the coaches on the regatta organization, exchange viewpoints and inform the coaches about changes in the sailing instructions and regatta organization in general.

23.2 All coach/support boat drivers shall confirm registration of their boats and submit the names and sail numbers of the sailors they are supporting at the race office before the end of registration.

23.3 Each coach/support boat shall clearly display an identification number supplied at registration. No other individual support boats shall be on the water.

23.4 Each coach/support boat shall carry at least three hazard warning tapes for the purposes of SI 24.6. The tape is available from the race office.

23.5 Each coach/support boat is required to carry a VHF radio capable of transmitting and receiving all international ship-to-ship channels.

23.6 Except when participating in rescue operations, team leaders, coaches, parents and other support personnel (coach/support boats) shall stay more than 100 meters from any point where a boat might sail during normal racing and completely outside the area bounded by marks 1, 2, 3, 4 and 5 from the time of the preparatory signal for the first fleet to start until all boats have finished or the Race Committee signals a postponement or abandonment of **all fleets**. When any boat is racing from mark 5 to the finish, coach/support boats shall stay out of the area from 100 metres below mark 5 to 100

meters above the finish line. When boats are finishing coach/support boats shall stay more than 100 meters outside and windward of the starboard end of the finish line until all boats in all fleets have finished.

23.7 Coach/support boat drivers and crews shall wear a personal flotation device or other adequate personal buoyancy securely fastened at all times when afloat except briefly while changing or adjusting clothing or personal equipment. Wet suits and dry suits do not constitute adequate personal buoyancy.

23.8 When the coach/support boat engine is running coach/support boat drivers shall be connected to a device that will stop the engine if the boat driver falls out of the boat or is otherwise not in control of the boat.

23.9 [DP] A boat shall not be towed unless code flag 'T' is displayed on either the official flag pole ashore or the Committee Vessel on the water. If towing is permitted, the speed shall be under 6 knots.

24. [DP, NP] SAFETY

24.1 RRS 40.1 applies.

24.2 Competitors who require assistance should wave one arm with hand open. If no assistance is required, the arm should be waved with fist closed.

24.3 If considered necessary, a competitor may be ordered by a race organization boat to abandon their boat and board a patrol boat.

24.4 [SP] Competitors shall check-out and check-in at the Tracker Control Station by handing in the event athlete identification tags for collection of their trackers. When the trackers are handed back after racing, the event athlete identification tags will be returned to the athlete.

24.4.1 Failure to Check-Out will result in 1-point penalty for the next race completed even if no race is completed on the day of the infringement.

24.4.2 On returning ashore, when no more races will be sailed on the day, each competitor shall personally check-in by returning their tracker at the first reasonable opportunity. Failure to Check-In will result in 1-point penalty for the last race completed even if no race is completed on the day of the infringement.

24.4.3 Penalties will be applied by Race Committee without a hearing. A competitor shall not be scored worse than DNF. This changes A5.

24.4.4 Failure to carry tracking equipment will result in a 1-point penalty in each race of the day.

24.5 A boat that retires from a race shall notify a Race Committee, safety/patrol or Jury boat as soon as possible and the race office immediately after returning to the shore.

24.6 If a boat is abandoned, it will be marked with a hazard tape tied through the bow eye to signal that the sailor is safe.

25. RUBBISH/TRASH DISPOSAL

25.1 Trash may be placed aboard support or race official vessels.

26. PHOTOGRAPHY CONSENT

26.1 By entering the regatta competitors accept that they may be photographed and/or videotaped participating in the regatta and/or using the regatta facilities and they consent to the taking of such images and to the use, reuse, publication, and republication of such images in any media, in conjunction with the competitors name or not, without compensation and without the competitor's approval of such images or any use thereof.

27. DISCLAIMER OF LIABILITY / RISK STATEMENT

27.1 Chinese Yachting Association, International Laser Class Association (ILCA), ILCA Asia, HeBei Sports, QinHuangDao Sports, Seatopia and all their officers, members and volunteers do not accept liability for loss of life or property, or personal injury or damage caused by or arising out of the event. Competitors take part in the event at their own risk.

27.2 The establishment of the Notice of Race and the Sailing Instructions in no way limits or reduces the complete and unlimited responsibilities of competitors being solely and entirely responsible for the management of their boats before, during and after the championship.

27.3 Competitors shall maintain their boats in a safe and seaworthy condition.

27.4 A competitor shall be of good health and a competent sailor capable of racing an ILCA dinghy in open water in all conditions, including strong winds.

27.5 At-fault occurrences to other boats are the responsibility of the competitor. Competitors are not covered by any liability insurance provided by the Organizing Aauthority and should provide their own coverage for personal goods and liability protection. The Organizing Authority recommends that competitors consult their own insurance carriers to ensure they are covered at this event and regarding additional personal liability insurance coverage.

27.6 A competitor is advised to have personal accident and health insurance that covers them while attending and racing in the event.

27.7 To the fullest extent permitted by law, each competitor agrees to indemnify and hold, the Host, ILCA, ILCA Asia, owners, affiliates, officers, employees, agents, members, volunteers, committee persons and race officials, acting in their official capacities, harmless from any claim arising from a competitor's acts or omissions.

28. OFFICIAL BOATS

28.1 All Race Committee vessels will display a white RC flag.

28.3 Jury vessels will display a flag with the word J or JURY.

28.4 Technical Committee vessels will display a flag with the word TC or M.

28.5 Press/TV vessels will display a flag with the word MEDIA or PRESS.

28.6 Failure of a committee vessel to fly an identifying flag will not be grounds for redress under RRS 61.1(a) and 61.4(b)(1)

ADDENDUM A : COURSE AREA